



PULSE TRAIN PROGRAMMING

Our exclusive programming uses your heart rate and the universal language of color to keep you motivated and on track for your goals. Whether you choose endurance training, aerobic training, threshold training or anaerobic training, the console will continually check your heart rate and use vivid colors to let you know if you're on pace or if you need to work a little harder.

EXPERIENCE PULSE-POUNDING SIMPLICITY

Only Omega combines clean design and essential programming for a simple, smart exercise experience that fits your home. Exclusive Pulse Train Programming delivers a challenging, engaging workout that leads to measurable cardiovascular improvement. Crisp design and an open frame create a minimalistic aesthetic that's as impressive as it is understated, and an intuitive console provides clear feedback to make sure nothing stands between you and your ideal workout.

JOHNSON EXCLUSIVE TECHNOLOGY

At Johnson Health Tech, we invest in technology that completely redefines the exercise experience, helping you reach your fitness goals in smarter, easier and more enjoyable ways. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Johnson Drive System

Maintain your rhythm with the responsive digital drive system that continuously recalibrates with each footfall. Plus, you can use your treadmill in any room of the house because the motor always runs at low RPMs, which minimizes noise and enhances durability.



Variable Response Cushioning

Just like a running shoe, a treadmill with our unique three-zone cushioning system gives you the ideal amount of flex and support in all phases of your stride.



FeatherLight Folding

Get the sturdiness of a traditional treadmill with the convenience of a folding frame thanks to our effortless hydraulic folding system that facilitates easy storage between workouts.



FitDisplay App

FitDisplay connects your device via Bluetooth for an enhanced experience synced to your equipment. Workout the way that motivates you with unique programs that entertain, motivate and keep you on track for your goals.



SPECYFIKACJA

- Minimalistyczna stylistyka, czyste, proste kształty z lekkim wyobleniem, otwarta rama to cechy, który przykuwają uwagę w świecie Omega Z.
- One-touch Run Control starts and stops workouts at the push of a button
- Advanced Bluetooth connects accessories like heart rate straps and syncs workout data with popular fitness apps
- Czytelny, duży wyświetlacz wskazuje podstawowe parametry treningu
- Circular handrails offer support for users of all sizes
- Nachylone poręcze zapewniają wygodną podporę podczas interwałów odpoczynku
- Lekko pochylona konstrukcja kolumny i konsoli daje miejsce do sprintów
- Możliwość pomiaru tętna za pomocą czujników na uchwytach oraz telemetrycznie
- Koła transportowe ułatwiają przestawianie bieżni.

SPECYFIKACJA

GRUBOŚĆ PASA	1.6 mm	MONITOR	
POWIERZCHNIA BIEGOWA	140 x 53 cm / 55" x 21"	WYŚWIETLACZ	3 okienka LED w różnych kolorach
AMORTYZACJA	System Variable Response	FUNKCJE	Czas, Dystans, Kąt nachylenia, Prędkość, Kalorie, Puls
KĄT NACHYLENIA	0 - 12%	PROGRAMY	Console: Pulse Train (Pulse 1, Pulse 2, Pulse 3, Pulse 4), Calories (300k, 500k, 700k), Interval (Speed Interval, Peak Interval), Performance (Weight Loss), Heart Rate (Target HR, % Target HR), Step (5000, 10000), Distance (1k, 5k, 10k), Custom (Custom 1)
PRĘDKOŚĆ	0.8 - 20 km/h / 0.5 - 12 mph		FitDisplay App: Beat, Contest, Sprint 8, Virtual Active, Distance Target, Speed Target, Calories Target, Heart Rate Target, Intervals, Manual
DODATKI	Czytelny prosty w obsłudze wyświetlacz, Tryb oszczędzania energii	ROZRYWKI	Bieżnia kompatybilna z aplikacją FitDisplay i innymi popularnymi aplikacjami treningowymi
SILNIK	3.0 KM Johnson Drive System	PULS	Czujniki pomiaru tętna na uchwytach i telemetryczny system pomiaru za pomocą opaski Bluetooth
WYMIARY (Dł. x Szer. x Wys.)	183 x 89 x 144 cm / 72" x 35" x 57"		
WYMIARY PO ZŁOŻENIU (Dł. x Szer. x Wys.)	103 x 89 x 169 cm / 41" x 35" x 67"		
WAGA	93 kg / 205 lbs.		
MAX. WAGA Użytkownika	159 kg / 350 lbs.		